



MAERSK TRAINING CENTRE

Surviving Piracy and Armed Robbery (SPAR)



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Safety & Security

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What is SPAR?

SPAR is an intensive three day course for sea goers who are working in or transiting waters with a potential security risk such as:

- Horn of Africa/Gulf of Aden
- West Africa
- South America
- South China Sea/Malacca Straits
- South America
- Anywhere there is a risk of piracy, hostage taking or threat of physical violence





Why SPAR?



- Developed as Advanced Security Training (AST) for Maersk crews operating in Nigeria and now covers crews transiting troubled waters.
- AST introduced 3½ years ago and trained >350 Maersk personnel from all over the world.
- Demand driven by senior officers
- Supports company core values
- Investment in security
- SPAR is demand driven by Shipping industry in the post-Danica White period



Target Group

- Owners, Masters, officers and senior seafarers
- Senior Offshore staff
- Key shore staff such as Company Security Officers (CSOs)
- Personnel who regularly visit vessels such as Inspectors and Auditors
- Company Crisis Team members
- Delivery can be worldwide and to mixed cultures





SPAR CONTENT



- Course is divided into 2 elements which progress concurrently:
 - Survival
 - Psychological First Aid
- Aim:
 - To enhance the prospects of survival by acting appropriately
 - Own behaviours during attack, in hostage and kidnapping situations
 - Introduce crisis and catastrophe psychology to deal with an acute critical situation
 - To recognize the symptoms of psychological trauma
 - Provide basic Psychological First Aid to colleagues



SPAR Survival

- Behaviour and reactions to an armed attack, group, hostage-taker and individual behaviours
- Survival in captivity from minutes, to months
- Organizing captivity, time and leadership challenges
- Communicating with hostage-takers
- Negotiation
- The ins and outs of escape
- Hostage rescue
- How Survival is taught
 - Lectures
 - Demonstration
 - Exercises





SPAR - Psychological First Aid (PFA)



- **Aspects and characteristics of the “acute critical situation**
- **Immediate and post event physical and psychological reactions on an individual and group level**
- **Mental First Aid on a buddy level and professional intervention**
- **Psychological aspects of piracy and armed robbery**
- **How PFA is taught**
 - **Lectures**
 - **Demonstrations**
 - **Exercises**
 - **Role Play**



SPAR Trainers

- **Course delivered by a specialist crisis psychologists and security instructors:**
 - **Psychologist Michael Linde Cand.psych., Aut.**
 - *Institute for Military Psychology (training, selection)*
 - *University of Copenhagen (teaching and training)*
 - *Falck Health Care A/S (ERT, crisis response & intervention)*
 - *SOS International A/S (CRT, consultancy)*
 - *Ministry of Foreign Affairs of Denmark (teaching, ERT)*
 - **Psychologist Ivan Doulgeroff Cand.psych., Aut**
 - *Institute for Military Psychology (consultancy)*
 - *Special School of the Army (consultancy, training)*
 - *High Command of The Danish Defence (training)*
 - **Reserve Army Officer**
 - **Security Instructor Jon Davies MA (Defence)**
 - **Ex-Royal Navy Officer with operational experience worldwide**
 - **Graduate Advanced Command Staff College**



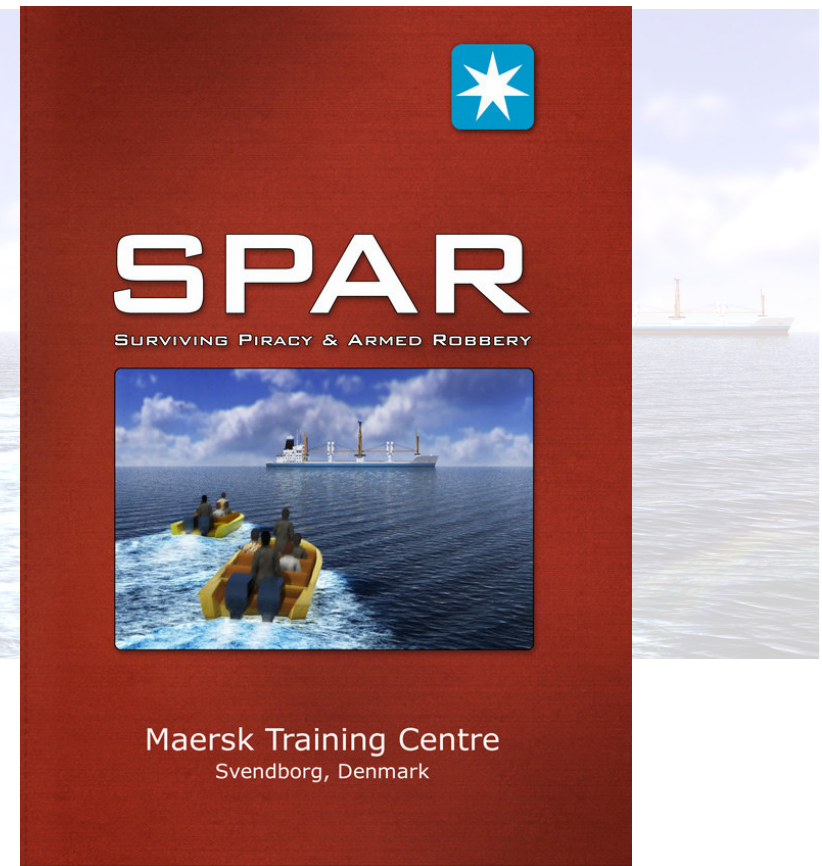
SPAR Delivery

- **SPAR is currently available as:**
 - **Closed courses for companies**
 - **Several companies have adopted SPAR into their training matrixes**
 - **Optimum course size is 12 (minimum 6 maximum is 16 attendees)**
 - **Discounts available for multiple courses**
 - **Can be delivered worldwide**
 - **Open courses for individuals**
 - **In Denmark and the UK**
 - **Subject to (minimum 6 maximum 16 attendees)**



SPAR – CD-Rom

- SPAR is also a Computer Based training programme to support SPAR Course graduates
- Used for training Ship's crew in basic Survival and Psychological First Aid
- Comprises 40 interactive scenarios and supporting library of material





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Any Questions?